

APRIL 12, 2021

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Minimizing Distracting Backgrounds Using Composition

A tip from Nikon Ambassador Lucas Gilman

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To minimize a distracting background, start your composition with the background first. Position yourself so your subject has a clean background, to minimize distracting elements in the image.

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To see more of Lucas Gilman's photography, visit his website at www.lucasgilman.com.